

Beef Free menu – April - October 2022

ONLY ITEMS ON THIS MENU TO BE FED

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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
25 th April, 16 th May, 13 th June, 04 th July, 29 th August, 19 th September 10 th October	Summer Vegetable quiche, new potatoes, broccoli	Tomato pasta, green beans	Margherita pizza, crinkle cut wedges, sweetcorn & peas	Vegetarian Sausage Puff, gravy, roast potatoes, cauliflower broccoli & carrots	Cheese and tomato Quesadilla, chips, beans
	Pork sausages, mashed potato and gravy, broccoli	BBQ Chicken fillet, diced potatoes, green beans	Bubble salmon, crinkle cut wedges, sweetcorn & peas	Roast chicken, stuffing gravy roast potatoes, cauliflower broccoli & carrots	Baked fish fingers, tomato ketchup, chips beans
	Ice cream served with fruit selection	Ginger biscuit	Victoria sponge	Brownie	Mixed desserts
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
02 nd May, 23 rd May, 20 th June, 11 th July, 05 th September, 26 th September 17 th October	Vegetarian bolognese, carrot & green beans	Quorn Fajita, crinkle cut wedges, sweetcorn	Margherita pizza, diced potatoes, peas	Quorn leek bake, gravy roast potatoes, cauliflower broccoli & carrots	Vegetable Lasagna, peas
	Sausage roll, mashed potato, carrot & green beans	Chicken nuggets, crinkle cut wedges, baked beans	Chicken curry, rice, broccoli		Baked battered fish, chips and peas
	Ice cream served with fruit selection	Shortbread biscuit	Banana Flapjack	Apple sponge	Mixed desserts
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
09 th May, 06 th June, 27 th June, 18 th July, 12 th September, 03 rd October	Macaroni cheese, peas	Vegetable goujon, diced potato, broccoli and sweetcorn	Margherita pizza, crinkle cut wedges, green beans	Vegetarian sausages, gravy, roast potatoes, cauliflower broccoli & carrots	Sweet potato and lentil curry, white and brown rice, peas
		Spaghetti with Tukey meatballs, Broccoli and sweetcorn	Fruity Caribbean chicken with rice, green beans	Roast Pork, grvay, roast potatoes, cauliflower broccoli & carrots	Baked fish fingers, chips, tomato ketchup, baked beans
	Ice cream served with fruit selection	Oat Snap	Eton mess	Iced carrot cake	Mixed desserts
Jacket Potato	Cheese, baked beans, tuna mayonnaise, fish fingers, pork sausages, vegetarian sausages				
Picnic option (may be available upon request)	Homemade bread, fletchers sliced bread or tortilla wrap with (kerrymaid buttery spread) ham, tuna mayonnaise or cheese, salad and dessert (see below)				
Items available daily	Bread of the day (sliced, rolls, flatbread, garlic bread, or focaccia), salad, coleslaw, pasta salad				
Alternative desserts	Fresh fruit, yoghurt, fruit juice, jelly, whip, cheese and biscuits, shortbread biscuit, iced fruit smoothie				